



Trinitopics & Church Announcements

19 ~ Thursday, September 14th, 2023



Rev. Doug Neufeld
Phone: 204 729-1946
E Mail: rev.doug@wgcwave.ca
Urgent needs: Cell 204 441-8140



Trinity Office
Mon, Tues, Thurs & Fri
9-noon 1-4 pm
Phone: 204 728-4796
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Worship News

Upcoming Worship Services:

September 17: Welcome Service with Transfer of Memberships and Dedication of Gifts received from Alexander United

September 24: Mark **Orange Shirt Day** (Sept. 30) by wearing orange, if possible, at this service



Scripture Readers Needed for Sunday Services

If you are interested in helping with this part of our worship service, please contact Alan Silvius or check the purple binder on the pew at the back of the sanctuary and sign up for the Sunday(s) that would work for you. Responsibilities are outlined in the binder.

... Alan Silvius

Decorating Sanctuary for Fall:
We will be decorating the front of the sanctuary for Thanksgiving during the **week** of September 25th.
If you have produce you would like to have displayed in the church, please leave items on the counter in the narthex by **September 26th**



See page 2 for information on the starting date of Bible Study.



There is going to be a **Pickrel Supper** on **Wednesday, October 18th**.
Please share this info with your family and friends. There will be a poster and more information on this next week..
I am sure profit will go to the **ELEVATOR FUND!!**

SUNDAY SCHOOL
Trinity Sunday School teachers are excited to welcome all children and youth back to class this fall. The children will have registration and their first class on **September 17th**, 2023 and will meet every second Sunday.
Our youth will resume **September 24th** and will meet weekly

Trinity Gift Card Fundraising Project:
We are having a Gift Card Fundraiser which will take place during the month of September. Orders, including payment, must be received by **Thursday, September 28th** at 4:00 pm. Orders will be received by Alan Silvius at any time so there is **no need to wait until the deadline date**. If you prefer, you can send order via email to silviusa@mymts.net or via phone at (204) 726-4169 (Home) or (204) 570-2338 (Cell).
Attention: Sobeys and Superstore Gift Cards are available for sale from Eden in the office.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Trinity junior Sunday school registration September 17th & every second Sunday following. Senior Sunday school registration on September 24th and every week following.					1 Prairie Group 8 pm	2 RCCG Choir Practice 6pm
3 Trinity Worship 10am RCCG Worship 12:30pm COP Worship 5pm	4 Office Closed Labour Day	5 every week. WW 9am WW 4:30pm Prairie Group 8 pm	6 RCCG Bible Study 7pm	7 Choir Practice Sanctuary 7pm	8 Prairie Group 8 pm RCCG Meet 9pm	9 Pat's Writers Library 10:30am RCCG Choir Practice 6pm
10 Trinity Worship 10am RCCG Worship 12:30pm COP Worship 5pm	11 Eastern Star Basement 5:30 pm WIH Sanctuary 7pm	12 WW 9am UCW 1:15 down WW 4:30pm Board Meeting Upstairs 7pm Prairie Group 8 pm	13 RCCG Bible Study 7pm	14 TUC Newsletter Choir Practice Sanctuary 7pm	15 Funeral 1 pm (tentative) Prairie Group 8 pm	16 RCCG Choir Practice 6pm
17 Trinity Worship +1st Sunday Sch 10am RCCG Worship 12:30pm COP Worship 5pm	18 WIH Sanctuary 7pm	19 WW 9am WW 4:30pm Prairie Group 8 pm	20 UCW Event Downstairs 9am—4 pm RCCG Bible Study 7pm	21 55+ Event Downstairs 1:30pm Choir Practice Sanctuary 7pm	22 Prairie Group 8 pm	23 RCCG Downstairs (Teen Event) 2pm RCCG Choir Practice 6pm
24 Trinity Worship 10am RCCG Worship 12:30pm COP Worship 5pm	25 WIH Sanctuary 7pm	26 WW 9am WW 4:30pm Prairie Group 8 pm	27 RCCG Bible Study 7pm	28 TUC Newsletter Bible Study 1:30 pm Choir Practice Sanctuary 7pm	29 Prairie Group 8 pm RCCG Meet 9pm	30 NDTR RCCG Downstairs (Teen Event) 2pm RCCG Choir Practice 6pm

The **OUTREACH COMMITTEE** are sharing that they need toques and mittens, of all sizes, for the children in the families they support with Christmas Cheer Hampers. . They didn't have enough last year, so are putting out the note of need earlier. They are asking with much appreciation!

Without music, car rides would be really awkward. ~ Unknown
 If everybody was happy in their relationships, there wouldn't be much good music. ~ Unknown
 That amazing moment when you hear a song you haven't heard in years and you still know every word.

Bible Study

Thursday, September 28th @ 1:30 pm

Continuing with the studies of Job
Everyone Welcome!!

Use what talents you possess; the woods would be very silent if no birds sang there except those that sang best. ~ Henry Van Dyke

Elevator Update

The new elevator proposal that was received on July 21st has been reviewed by the Board. There are a few 'extras', with more cost to them, that needed more explanation, so there was a meeting to discuss them. Caution is being taken. Thank you for your patience & understanding. There will be more news early September.



Affirming Vision, Trinity United Church, Brandon, MB

At Trinity United Church our Vision is to
Grow in Faith, Fellowship and Service
Through Christ Jesus.

We believe that all people are children of God and we embrace the fullness of our diversity in ability, age, ethnicity, gender, gender identity, race, sexual orientation, social economic status or any other human division as we unite in worship and full participation in all aspects of our ministry.

As a congregation we are committed to surroundings that reflect safety and support in respect of social justice and human rights.

**Trinity has \$50 & \$100 Gift Cards from Sobeys/Safeway and Superstore.
Please see Eden in the office if you would like to purchase cards.**

During our priest's sermon, a large plant fell over right behind the pulpit, crashing to the ground. Acknowledging his reputation for long-windedness, he smiled sheepishly and said, "Well, that's the first time I actually put a plant to sleep."

When I asked my friend if she was planning to attend church, she just shook her head. "I haven't gone in a long time," she said. "Besides, it's too late for me. I've probably already broken all seven commandments."

The pastor asks his flock, "What would you like people to say when you're in your casket?" One congregant says, "I'd like them to say I was a fine family man." Another says, "I'd like them to say I helped people." The third responds, "I'd like them to say, 'Look! I think he's moving!'"

As my five-year-old son and I were heading to McDonald's one day, we passed a car accident. Usually when we see something terrible like that, we say a prayer for whoever might be hurt, so I pointed and said to my son, "We should pray." From the back seat I heard his earnest voice: "Dear God, please don't let those cars block the entrance to McDonald's."



And now,
the rest of the Del Pringle story.

This picture is a mirror that was presented to Del on his 50th birthday. He was the goalie for the Border Kings; but masks weren't available at that time! This caused a number of teeth to be missing. Eventually, his dentist, Dr. George Sanderson, had the mask, that he is wearing in the picture, made and gave it to him, protecting his teeth. Del still has this mask and treasures it!!

This picture/mirror now is displayed in
Pringles Sports Excellence.





Our next meeting is
 Tuesday, September 12th, 2023
 starting at 1:15 pm



UCW supplies the coffee, tea, drink crystals ,
 creamers, sugar & sweetener
 for all Trinity functions.
 UCW FundScript cards for purchasing available.

UCW Purpose

To unite women of the congregation for the total mission of the church and to provide a means through which we may express our loyalty and devotion to Jesus Christ in Christian witness, study, fellowship and service.

UCW

September Birthdays

- 14th Helen Hicks
- 17th Joanne McMillan
- 19th Louise Hume

September 20th, 2023
 UCW & Friends Women's Day
 10 am ~ 4 pm

Trinity UCW is hosting UCW and friends from Brandon and areas surrounding, to a day of fun, fellowship, faith and food.

'The normal!'

All women welcome.

Guest speaker:

Joan Zaretsky from Winnipeg
 & Ross Robinson from John Howard Society.

Please see **Page 7** for more info.

Please think about our folks in hospital and care homes and drop them a greeting through the Prairie Mountain Health website.
<https://www.prairiemountainhealth.ca/pmh-well-wishes>

Their names are on the back page of this newsletter.

*I've learned so much
 from my mistakes...
 I'm thinking of making
 a few more.*



Our **Trinity Garden Team** are doing a great job!
 Thank you Sheila McCausland, Marv & Georgie Pidhorny & Louanne Reid.
 Our garden has been so lovely all summer!!
 The roses are fading but seeing more of others!!

Rev. Doug , Pastoral Care Committee and friends are having three Care Home Thanksgiving Communion.

Valleyview PCH: Wednesday, October 4th @ 2:00pm

Fairview PCH: Thursday, October 5th @ 10:30 am.
 No one extra at Fairview other than Rev. Doug, pianist & 1 other person to help with singing.

Riverheights Terrace: Friday, October 6th @ 11 am



Trinity has \$50 & \$100 Gift Cards from Sobeys/Safeway and Superstore.
 Please see Eden in the office if you would like to purchase cards.



The Outreach Committee
M&S campaign
for five weeks is called
"Sock It To Me"

- Sept. 10 - Introduction
- Sept. 17 - Good for the Sole and Your Soul
- Sept. 24 - Be On Your Toes
- Oct. 1 - High Stepping
- Oct. 8 - Knock Your Socks Off

The committee is asking people to bring new socks each week to fill the laundry basket. They will be divided among the Bear Clan, Samaritan House and the Women's Shelter. Also, collect your spare change at home in your chosen sock and bring to church on Oct. 8 (Thanksgiving) or deposit your coins (and/or bills) to the sock at the end of each service.

This money goes toward Trinity's M&S pledge.

On Oct. 8 - for fun - please wear a fun/crazy pair of socks to church and we will show them off at Fellowship Time.



September is a time when children are going back to school. When children cannot go to school, society suffers. Around the world, 57 million children cannot attend school. They may never learn to read, or write or do sums. These are skills needed by everyone. They of course will not learn of their human rights if they do not learn them. This is why Mission and Service is in partnership with 85 organizations that work to increase access to education across the globe.

Your gifts to Mission and Service help to provide tools and teachers both here in Canada and around the world. Thank you for your generous donations to M&S

*Thank you, Faye McLoughlin, going forward,
for being the Mission & Service reporter to this newsletter each issue.*



Pictured here are some of the former Central United gals who meet monthly. (Kudos to them!) As a 'birdie' had clued me into this gathering that they were going to have at Dinsdale Park, I thought I would drop in! However, I didn't get there until they were almost ready to leave. I am not sure that I had ever been in Dinsdale Park, so it was an adventure for me. First of all, there was a picnic shelter, but they were not there, then there was an adventure playground, but none of them playing there. I kept driving and there they are just before the river bank. Very lovely spot!! There had been 15 at the wiener roast and, as well, Doug & Milo, their formers Ministers, had stopped by to say 'hi'! Glad I caught up to you!!

Gratitude: A Pathway for Equity and Diversity

"In ordinary life, we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich." Dietrich Bonhoeffer

A Google search for gratitude-related scripture verses highlights 50 passages. Gratitude might not seem an obvious topic for equity and diversity-related reflections; however, it is a subject that appeared when researching a topic for the Equity and Diversity Committee meeting devotional.

Gratitude strengthens relationships and shifts negative thoughts and behaviours to the positive by broadening social and mental resources. Gratitude can create robust connections with the human and more-than-human world, and is key to inclusive relationships, reducing strife, and conflict. Author Darlene Sala (*You Are Blessed*) challenges us to consider thinking about one thing that we are thankful for about someone we are against. *"Anger and thankfulness are almost mutually exclusive. You can't be angry at someone and thankful for that person at the same time."*

Coincidentally, we must know the other person to identify their attributes. They can't be nameless, faceless, stereotypes.

LGBTQ+ individuals demonstrate that embracing our full selves is liberating and healthy. Similarly, Truth and Reconciliation actions help Indigenous and settler communities to acknowledge the past to create a present/future that is life-giving, authentic, and whole. Living in the shadows, in secret, and in fear makes everyone – LGBTQ+ and heterosexual individuals, Indigenous, and settler communities -smaller, isolated, and entrenched in beliefs/perspectives choking out the richness and wonder of life.

World Gratitude Day is celebrated on September 21 to recognize the power of gratitude to heal, energize and transform lives. Research has shown five major benefits of gratitude to include emotional, social, health, career, and personality.

- 1 Practicing gratitude increases emotional well being by 10% or an equivalent of doubling one's income.
- 2 Grateful people have a 17.5% increase in "social capital" or positive relationships.
- 3 Gratitude decreases blood pressure, pain, and bad health symptoms, while increasing energy, recovery from surgery, exercise time, quality of sleep, and maybe even lifespan.
- 4 Gratitude might also reduce the risk of dementia, as negative thoughts, stress, and poor sleep are some of the risk factors for the disease.
- 5 Our professional lives are more positive and productive, and we are less likely to be envious, more optimistic, confident, and resilient to stress if we are grateful.

A regular gratitude practice might be a gentle, loving way to apply equity and diversity actions/values in our daily lives. Something in our hearts, minds, and the world might shift.



"The key to success is not through achievement but through enthusiasm." – **Malcolm Forbes**

"The elevator to success is out of order. You'll have to use the stairs... one step at a time." – **Joe Girard** (We know all about this one!!)

"Before you marry a person, you should first make them use a computer with slow Internet to see who they really are."—Will Ferrell



Trinity Outreach Christmas Cheer Hampers

Trinity Outreach Committee are beginning to plan for the delivering of Christmas Cheer hampers to families at Christmas time. We would like to use shopping totes with handles like the ones in this picture. If you have totes like this that you can donate or lend to the organizing committee please let someone on the committee know.

The boxes provided by Christmas Cheer are very large and heavy after packing so in order to help our delivering families we would like to use reusable tote bins. These bins would be unpacked at the recipient families' homes and taken back by the delivering people.

Thanks for your help.

Trinity Outreach:

Connie Haigh, Kathy Knight, Faye McLoughlin, Heather Moore, Linda Friesen



Trinity UCW **hosting** UCW & Friends

*Fun, faith,
fellowship, food*

Trinity United Church

1515-6th St. Brandon

Wed, Sept. 20th

10 am ~ 4 pm

Registration, Muffins & Beverages starting at 9:45am

Note: Elevator out of order, must use stairs

Guest Speakers:

*Bring Your Own Lunch
Beverages Supplied*

Joan Zaretsky

Her first book: finding her birth family

Book available at event for \$20.00/ea

Ross Robinson (John Howard Society)

Speaking on Food Rescue

All ladies Welcome! | *For further information:*

Darlynne Smith: 204 728-7713, 724-2923, darlynnegbsmith@gmail.com



PRAIRIE TO PINE
REGIONAL COUNCIL
The United Church of Canada



Prairie to Pine Youth
United Church of Canada



prairietopine@united-church.ca

Alison Murray & Darlynn Smith

To receive weekly information to your email, or to read what is happening in the United Church:

<https://united-church.ca/e-newsletters>

Hello parents, youth and youth allies

ALF 2023 Youth Retreat

Friday Oct 20th to Sunday Oct 22nd, 2023

Winnipeg, MB at St. Mary's Road United Church

Talk to you Sunday School Teacher regarding registering.



John Nesbitt & Jane McKay Nesbitt were amongst us on Sept 10th and they haven't changed!

John was our minister for 17 years moving from Brandon in 2008. They have made visits from time to time and is always great to see them and hear about their family, as their kids grew up at Trinity. Jane is going to send me a picture of them and their family, which I will share. They have their daughter, Johanna and family at the east coast and son, Joshua, and family in Alberta. They are two people who do not let grass grow under their feet!!

Doug had talked to him on the phone, but never met him so was a real surprise to him!



And for a little nostalgia:

They sung the hymn
'Blest Be the Tie that Binds'
to us at their parting service in 2008.
'But we shall still be joined in heart, & hope to meet again'.

Fill the Trinity Wagon

This may not look like our food collection wagon at Trinity but at least it is green.

September's food collection is to help the folks at **Samaritan House** fill hampers for 80-100 families per month. Thanks to those of you who were able to support the work of Helping Hands in August.

Please note that any food items collected will be sorted and delivered to the appropriate agency.



Please see the lists posted on the Bulletin Board in the narthex for the most needed items for Samaritan House.

Trinity 55 Plus
Trinity United Church
Thursday, September 21st, 1:30 pm

Join us for an amazing journey with
Gloria & Barry Hill
as they share their travels in Ecuador.

Everyone Welcome!! Please Join Us!!
Cookies, Beverage and
Fellowship to follow.

Voluntary donations to
Society for Children with DisAbilities.

Trinity 55 Plus
Striving to Make a difference
a Little at a Time.

Ruth & Glenn 204 728-4683
Gail 204 725-4934
Hazel & Larry Sage 204 728-6215

Music

Have you ever noticed—there are two kinds of music?
No, not the teenage music and adult music.
No, not even secular music and religious music.
There's music for listening to.
And there's music for not listening to.
The second kind doesn't necessarily come only from
teenagers with their portable boom-boom boxes
blasting out decibels. Think about the background
music that plays in stores and offices and elevators.
It's played and recorded so that you won't pay
attention to it, so that it can influence you without
your ever being aware of it.
For many of us, brought up in the Christian faith,
Christianity has become a kind of background music.
It's so familiar, it has been there so long, that we don't
even notice it any more.
The question is, does it still have the power to
influence us? Or do we just ignore it?

Everyday Parables
James Taylor

"I want my children to have all the things I
couldn't afford.
Then I want to move in with them."—Phyllis Diller

Pat's Writers Group

Friday, October 20 at 10:30 in the Trinity library.

Our prompt for this session is:
"There's only one thing in the world I'm afraid of. . . "
Or if you have a dog story- **or both!**

All are welcome!
Please contact Alison Murray for more info.
204 725-3471 almark@mymts.net



TRINITY 55 PLUS MISSION FOR MITTENS CONTINUES.....

we are again open to receiving your gifts of mittens, socks, etc. for children, adults, and those new to Canada who have never dealt with our cold weather... a basket will be set up in the narthex to receive them... They are always so gratefully received by the recipients..

Blessings and thank you..

Trinity 55 Plus making a difference a little at a time:
Glenn & Ruth Sawyer: 204 728-4683, Gail Thickett: 204 725-4934
Larry & Hazel Sage: 204 728-6215

Norm & I have organized a **Parkinson Social Group** that will be meeting monthly. This is an informal group of like minded people who will be gathering for conversation, support and information sharing. It is open to those living with Parkinson's, their care partners, family and friends. OR anyone who has interest in raising awareness of this life altering disease. Meeting place is at a local venue. For more info call Valerie Poersch at 204 761-6196.

Prayer Shawls are available in the library/meeting room for you to take to comfort anyone; it does not have to be a Trinity person! There are so many beautiful designs and colors to be chosen. Thank you to the talented ladies who made these lovely creations!!!

September
 1st Al & Linda Friesen
 12th Sam & Myrna Lennon **65th**



Late birthday announcement



Eden, our Office Admin gal, has a birthday on Tuesday, September 19th.

Happy Birthday & many thanks for all you do for Trinity!!!

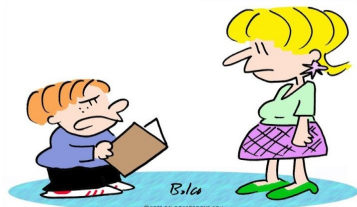
Trinity September Birthdays

12th Cliff Bowslaugh
 14th Miranda Edwards
 16th Rick Church
 19th Eden Snider
 22nd Bill Hutchings (96 years)
 23rd Linda Friesen
 28th Myrna Lennon
 29th Sheila Atkinson


Why did the egg get thrown out of class?
 Because he kept telling yolks.
 Have you ever had a bad sausage? It's the wurst!




Why did the apple pie cry?
 Its peelings were hurt!



"I looked, and the Ten Commandments don't say anything about running with scissors!"


Why did the scarecrow win a Nobel Prize?
 He was outstanding in his field

FELLOWSHIP FOLLOWING WORSHIP EACH WEEK

Thank you for the helpers, donators & all who come for fellowship.

September 10th
 Marlane, Sheila & Darlynn

September 17th
 Janice Seddon & the 'sisters'

September 24th
 Helen Mitchell &
 Someone to help Helen

October 1st

October 8th

October 15th
 Faye & Faye

October 22nd
 Myrna Lane




204 728-7713
 204 724-2923
 darlynnegsmith@gmail.com

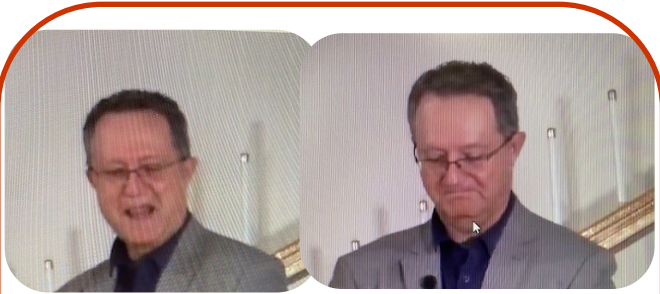
Please be sure to call or e-mail
Marlane Wilson,
with any reports of folks in hospital or
needing some contact.
204 729-8574 or marlane.w@yahoo.com

If you know someone, or yourself,
who would like a care call from
Rev. Neufeld; please call the office.
204 728-4796

♦ Thinking of **Vera Skayman**;
Vera is now in Melita Hospital. I sent her a 'well
wish' through the Prairie Mountain Health website.

Elwood Myers is in the Assiniboine Hospital and has
been there for a few weeks. He had pneumonia and
is struggling to recover. Wishing him well and
peaceful days.

♦ Our thoughts and prayers to anyone who 
has/is experiencing health issues. If you
know of someone, please let Marlane &/or the
church office know. Thank you!



September 10th

Oh, Oh!! Technical issue!!

Message did not download to iPad!!

No Problem!!

He adlibbed and had a meaningful
message. *Trinity is blessed!!*



Our thoughts & prayers to the Len Neufeld family
on Len's passing.

Our Friends in Personal Care and Senior Homes

Dinsdale: Lois Aube, Malcolm Macdonald

Fairview: Audrey Campbell, Judy Diswinka, Linda Garson,
Louise Hume, Eunice Lindenberg, Betty Russell

Hillcrest PCH: Don Jessiman

Souris PCH: Emma Garden

Rideau: Don Chambers, Garry VanRenselaar

Valleyview: Cliff Bowslaugh, Laura Cliffe, ,
Shirley O'Driscoll, Del Pringle

Riverheights Terrace: PHEME Andrew, Elsie Franklin, Patty
Hargreaves, Dave McClelland, Marlene Shantz,

Rotary Villas: Myrna Barkley, Marg Lovstrom

Victoria Landing: Elizabeth Cass, Al & Helen Lauder, Betty
McFarland, Fred Miller, Pat Rathwell

Wawanesa PCH: Alice Laminman

Today I found a penny
Just lying on the ground,
But it's not just any penny
This little coin I found.

Found pennies come from heaven
That's what I've been told.
It's said that angels toss them
down

To make a smile out of that frown.
So don't pass by that penny
Whenever you're feeling blue,
It may be a penny from heaven
That an angel tossed to you!



Trinitopics & Church Announcements

The newsletter is prepared every 2nd week
Delivery is being made to all non email

The next issue will be September 28th, 2023

darlynnegbsmith@gmail.com

204-728-7713 @ home ~ 204-724-2923 @ cell

'May God hold you in the palm of His Hand'